

WHAT YOU NEED TO KNOW ABOUT COLLEGE & UNIVERSITY IMMUNIZATIONS

The Centers for Disease Control and Prevention (CDC) and the Advisory Committee on Immunization Practices (ACIP) recommend you receive the following vaccines:

- Quadrivalent meningococcal conjugate vaccine (MCV4 or MenACWY) is recommended for preteens at age 11 or 12 for protection against bacteria that cause meningococcal disease, a very serious illness which can lead to death in as little as 48 hours. A second shot is recommended for teens at or after age 16 to continue providing protection. **Nevada requires MenACWY vaccination after age 16 for university entry.**
- Before starting school, you should also make sure you're caught up on vaccines such as measles, mumps, rubella, hep A, hep B, polio and chickenpox if you were not vaccinated as a child. **Nevada requires two doses of the measles, mumps, and rubella (MMR) vaccine for university entry. The first dose must be on or after your first birthday.**
- One dose of Tdap vaccine is recommended for preteens at age 11 or 12 to continue providing protection against tetanus, diphtheria, and pertussis (whooping cough), with an additional dose every 10 years. **Nevada requires Tdap vaccination in the last 10 years for university entry.**
- It is encouraged that the meningitis B vaccine be given to individuals 16 through 23 years of age. The preferred age for meningitis B vaccination is 16 through 18 years old. The meningitis B vaccine protects against a strain of bacteria that cause meningococcal disease, a very serious illness which can lead to death in as little as 48 hours.
- HPV vaccine is recommended for males and females age 11-26 to protect against cancers and other diseases caused by HPV infection. Both boys and girls should receive doses of HPV vaccine to protect against these serious diseases.
- Everyone over the age of 6 months should also get the flu vaccine every year, ideally as soon as the vaccine is available.

Protect your health and talk to your healthcare provider about what vaccines you need.

WHERE TO GO

Recommended vaccines, including MenACWY, Meningitis B, HPV, Tdap, MMR, and Flu, are available at:

Your regular health care provider
Pharmacies
Community Health Nurses or your local health district
Your university's health center

Additionally, the Nevada Vaccines for Children (VFC) Program provides free or low-cost vaccines to people under age 19 who are uninsured/underinsured, eligible for Medicaid, or Alaska Native/American Indian. For a list of community immunization locations in Nevada, visit

immunizenevada.org/community/where-go

Please visit the following websites for more information:

- For information on vaccines and vaccine-preventable diseases, visit immunizenevada.org/young-adults
- For information about Nevada's school immunization requirements, visit immunizenevada.org/NVSchoolRequirements
- For information on how to access free or low-cost vaccines, visit VFCNevada.org

