EVERYONE 6 months of age and older should receive a yearly flu vaccine.

Offer a flu vaccine to your patients! One study shows that patients who are offered influenza vaccination during an office visit are 7 times more likely to get vaccinated than those who do not receive a recommendation.

PROVIDER CHECKLIST

☐ Establish standing orders for administering flu vaccines to patients. Download at immunize.org/standing-orders

☐ Use Nevada WebIZ to look up immunization status and document vaccines. For more information visit: https://webiz.nv.gov

☐ Assess immunization status at every visit to ensure patient is up to date on all recommended vaccines.

☐ Give the flu vaccine and other recommended immunizations (such as PCV13, HPV, DTaP or Tdap, and MenACWY) during the visit.

☐ Vaccines for Children (VFC) vaccine can only be administered to VFC-eligible patients. Screening and documentation of VFC eligibility must be done at every visit.

☐ Babies and young children (6 months to 8 years) may need 2 doses of flu vaccine, given at least 4 weeks apart, depending on vaccination history.

☐ Add a calendar reminder for February 2020 to pre-book your flu vaccine for the 2020-21 flu season. Don’t miss this important deadline to maximize savings and delivery guarantee.

2019-2020 Influenza Vaccines

CDC recommends use of any licensed, age-appropriate influenza vaccine. No preference is expressed for any influenza vaccine over another.

<table>
<thead>
<tr>
<th>Trivalent Influenza Vaccines</th>
<th>Quadrivalent Influenza Vaccines</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Trivalent (three-component) Contains:</strong></td>
<td><strong>Quadrivalent (four-component) Contains:</strong></td>
</tr>
<tr>
<td>A/Brisbane/02/2018 (H1N1)pdm09-like virus</td>
<td>Quadrivalent vaccines contain all strains in Trivalent plus</td>
</tr>
<tr>
<td>A/Kansas/14/2017 (H3N2)-like virus</td>
<td>B/Phuket/3073/2013-like (Yamagata lineage) virus.</td>
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<tr>
<td>B/Colorado/06/2017-like (Victoria lineage) virus</td>
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<table>
<thead>
<tr>
<th>Trivalent Formulations and Abbreviations:</th>
<th>Quadrivalent Formulations and Abbreviations:</th>
</tr>
</thead>
<tbody>
<tr>
<td>aIIV3 = Adjuvanted Inactivated Influenza Vaccine, Trivalent</td>
<td>LAIV4 = Live Attenuated Influenza Vaccine, Quadrivalent</td>
</tr>
<tr>
<td>IIV3-HD = Inactivated Influenza Vaccine, Trivalent, High-Dose</td>
<td>IIV4 = Inactivated Influenza Vaccine, Quadrivalent</td>
</tr>
<tr>
<td>RIV4 = Recombinant Influenza Vaccine, Quadrivalent</td>
<td>cclIV4 = Inactivated Influenza Vaccine, Quadrivalent, Cell Culture-Based</td>
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</tbody>
</table>

For more information visit ImmunizeNevada.org or call (775) 624-7117.
Don’t spread the flu to your patients or family! Protect yourself and the people around you by getting a flu vaccine. Ensure your office staff have received a flu vaccination. Lead by example!

**InFLUence Others: GET VACCINATED**

**immunizenevada.org**

**Communication Strategies:**
- Provide take home materials or recommend trusted immunization websites such as ImmunizeNevada.org.
- Mixing science with personal stories is most effective in answering patient questions.
- If the patient refuses to get a flu vaccine, don’t give up. Continue the conversation at the next visit.
- Call or use an automated system, mail a letter or postcard, email, or text patient reminders that it is time to get their flu vaccine.
- Have flu educational handouts and posters available in the waiting room. Contact Immunize Nevada to request materials at (775) 624-7117.

**Use the SHARE approach:**
- SHARE the reasons why the influenza vaccine is right for the patient given their age, health status, lifestyle, occupation, or other risk factors. **Example:** “This vaccine can protect you and your family from getting sick from flu. By getting the shot today, you’ll be protecting yourself and the people around you who are more vulnerable to serious flu illness, like your children and parents.”
- HIGHLIGHT positive experiences with influenza vaccines (personal or in your practice), as appropriate, to reinforce the benefits and strengthen confidence in influenza vaccination. **Example:** Tell patients that you and the CDC recommend being vaccinated each year for influenza.
- ADDRESS patient questions and any concerns about the influenza vaccine, including side effects, safety, and vaccine effectiveness in plain and understandable language. **Example:** “A flu shot cannot cause flu illness. Flu vaccines are made with viruses that have been ‘inactivated’ or ‘weakened’, making them not infectious. The most common side effects of an influenza vaccine are mild redness, swelling, or pain in your arm where the shot was given. This should go away within a few days.”
- REMIND patients that influenza vaccines protect them and their loved ones from serious influenza illness and influenza-related complications.
- EXPLAIN the potential costs of getting influenza, including serious health effects, time lost (such as missing work or family obligations), and financial costs. **Example:** “It’s important to get vaccinated this season because flu vaccination can reduce potential flu illnesses, doctor visits, and missed work and school due to flu.”

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**For more information and resources about the flu:**

**Centers for Disease Control and Prevention**  
cdc.gov/flu

**Immunize Nevada**  
ImmunizeNevada.org

**Immunization Action Coalition**  
immunize.org/influenza

**Families Fighting Flu**  
familiesfightingflu.org